



CATHEDRAL
QUARTER
DERBY

FOOD & DRINK GUIDE

Eat, Drink, Enjoy!

Food & Drink

in Derby's Cathedral Quarter

The Cathedral Quarter has a fantastic array of award-winning establishments with something to suit every palate and budget. From a tasty brunch to a working lunch, there are cafes, delis and coffee shops in abundance for daytime visitors and those working in the area.



As dusk settles, the area swaps its relaxed and gentle pace for a vibrant evening economy, providing the visitor with a diverse range of options for a memorable night out.

After a meal at one of Cathedral Quarter's award-winning restaurants, explore the eclectic mix of bars and nightclubs with a venue to suit all tastes and moods. Specialist bars abound in the area with venues specialising in wine, spirits, cocktails and prosecco making the decision on where to go a difficult choice.

We look forward to welcoming you to the award-winning Cathedral Quarter – Eat, Drink and Enjoy!



Derby Street Pastors is an inter-denominational church response to urban problems, engaging with people out partying on Friday and Saturday nights to care, listen and dialogue.

They are a partnership of Derby City Mission, local churches, Derbyshire Police, Derby City Council, Derby Pubwatch, and The Ascension Trust.

Street Pastors undergo 40 hours of training including: first aid, communication skills, drugs & alcohol, mental health awareness and safeguarding all to aid the safety of you and your party on your night out in Cathedral Quarter.



Staying Safe In CQ



Purple Flag

The Cathedral Quarter is proud to be part of a city which has been awarded Purple Flag status.

Purple Flag is a scheme administered by the Association of Town & City Management (ATCM) and is awarded to towns or cities which meet or surpass standards of excellence in managing the evening and night-time economy. This award is an acknowledgement that the Cathedral Quarter continues to provide an entertaining, diverse, safe and enjoyable night out.



Key to symbols



CQ Loyalty Card offer available here



Great accessibility



Dog Friendly*

*These businesses welcome dogs into their outside spaces.



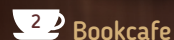
CAFÉ CULTURE

TIME FOR A COFFEE

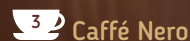
After a busy morning of retail therapy, or just to catch up with friends – take a seat and enjoy a brew in Cathedral Quarter!



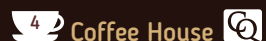
1 BEAR
7 Iron Gate, Derby DE1 3FJ
01332 725051
BEAR offer all day dining in a modern and relaxed atmosphere serving a delicious menu alongside coffee and cocktails.



2 Bookcafe
21 Cornmarket, Derby DE1 1QH
01332 294008
The Bookcafe is a warm, quirky outlet offering all-day breakfast & lunch menus plus baked goods, coffee & tea.



3 Caffé Nero
19-23 Corn Market, Derby DE1 1QH
01332 242322
Casual coffee-shop chain with a menu of Italian-style light dishes and specially blended drinks.



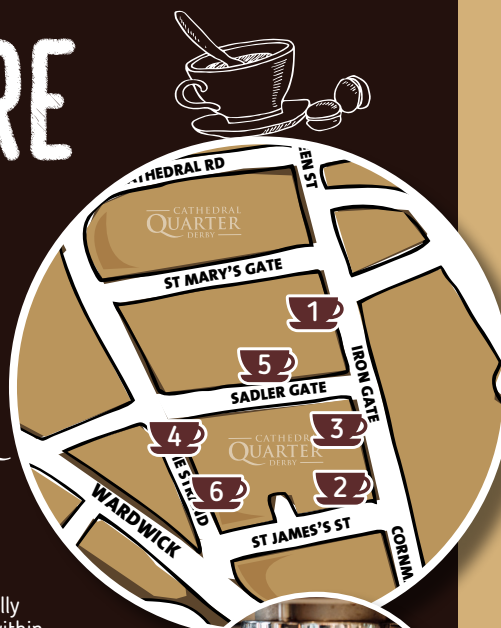
4 Coffee House at The Museum
The Strand, Derby DE1 1BS
01332 641901
Enjoy delicious drinks accompanied by homemade artisan sandwiches and locally sourced cakes, all situated within the beautiful Ceramics Gallery.



5 Milk & Honey Deli
15 Sadler Gate, Derby DE1 3NF
01332 331441
Relax and enjoy freshly made to order paninis, warm ciabatta sandwiches, salads, homemade soups, delicious cakes and treats. Also has a vast deli section for treats to take away!



6 The Squashed Tomato
16 The Strand, Derby DE1 1BE
01332 348793
This award-winning café sells homemade treats including cakes and scones, as well as sandwiches and lunch dishes. There are also breakfast and children's menus.



The Cathedral Quarter has a fantastic array of award-winning cafes and delis.

Whether you want to grab a quick coffee with friends or enjoy a light lunch, the area has it all.

7. Acropolis Café

Market Place, Derby DE1 3AE
01332 368906
Good value home cooked food has been the motto of the family who have run the Acropolis Cafe Bar since 1976. Well renowned for their huge breakfasts!

8. Artcore

8 Albert St, Derby DE1 2DS
01332 366623
Open from 10am to 3.30pm, Monday to Saturday serving freshly made sandwiches, soups and cakes, with freshly roasted coffee from Stewarts of Trent Bridge served all day!

Bean Caffé

See page 6 for details.

Café Déda

See page 6 for details.

9. Cathedral Quarter Hotel

16 St Mary's Gate, Derby DE1 3JR
Enjoy a decadent afternoon tea in opulent surroundings.



10. Pyclet Parlour

12 Sadler Gate, Derby DE1 3NF
Award-winning freshly baked artisan pyclets and oatcakes in a variety of flavours, using the same original recipes from the Monk family in 1896.

RASK

See page 6 for details.

11. River Kitchen at the Museum of Making

The Museum of Making,
Silk Mill Lane, Derby DE1 3AF
01332 641901
The River Kitchen is all about community and serves delicious food that is locally sourced, always within season and direct from local farmers and butchers.

12. Staywell Nourished Cafe

10 - 11 St Mary's Gate, Derby DE1 3JR
Staywell's mission is to empower and support the health of the Derby community through nourishing food. Enjoy healthy food and a safe, alcohol-free space.

13. Uncle Tom's Cabin

Osnabruck Square, Albert Rd, Derby DE1 2DS
07710 549165
One of Derby's oldest established cafés serving hot and cold sandwiches and drinks to eat in or takeaway.



Homely vibes at the Bookcafe

At the Bookcafe we pride ourselves in being an independent family run business and an establishment that everyone can come and enjoy. We have been serving homemade cakes and fantastic food from local sources around Derbyshire since 2003; the Bookcafe is the perfect place for catching up with friends, have a quiet study break, or a quick lunch date.

We strive in allowing everyone to enjoy every minute of the day by catering to your needs whether it is serving our glorious vegetarian breakfast with a silky latte to start your day or an amazing pulled pork burger with a bottle of fizz to end it; whatever your reason for entering our quirky and joyful atmosphere we will welcome you with open arms.



ALL DAY DELIGHTS

The Cathedral Quarter has a wealth of bars and restaurants open all day long for you to enjoy food and drink at any time of day. Serving up breakfasts and lunch in the daytime, as dusk settles you can opt for dinner and cocktails to finish your day.

VEGAN FOOD TRAIL

Vegan diets are very well catered for in Cathedral Quarter, with a number of eateries offering vegan options as key dishes on their menus, or wholly dedicated to vegan only.

1 Bean Caffè

Friar Gate Studios,
Ford St, Derby DE1 1EE
01332 258317

The Independent Coffee Lounge with a creative vibe. Eat in or takeaway, choose from our extensive breakfast menu or later in the day from filled artisan breads, homemade soups or freshly made Buddha Bowls.



2 Café Déda

19 Chapel St, Derby DE1 3GU
01332 370911

Café Déda serves up fresh, homemade food, sourced from local suppliers, that is good for the heart and soul.

3 Cosy Club

2nd Floor, Royal Buildings,
Victoria Street Derby DE1 1ES
01332 631004

The decadent Cosy Club is quirky, eccentric and playful. Offering informal, casual dining, drinking and lounging in a homely and family friendly environment.

4 Hide Burger Bar and Bistro

Riverside Chambers,
Derwent St, Derby DE1 2EP
01332 742790

Follow the herd at Hide with their mouth-watering menu of brunches, burgers and Sunday lunches. Championing local suppliers, their bubbly brunch is not to be missed.



5 Nids Kitchen

11, Sadler Gate, Cathedral
Quarter, Derby DE1 3NF
Authentic fresh thai food.
Dine in or takeaway. Healthier
options and vegan choices.



6 PLANT

34 Sadler Gate, Derby DE1 3NR
A plant-based cafe & bar
serving seasonal menus that
change fortnightly. Stonebaked
pizzas and artisan cocktails
available during the evenings.
Sustainability is at the core of
their ethos.

7 Portobello

50 Queen St, Derby DE1 3DE
01332 349966

Portobello offer hearty
breakfast options to get your
day off to a great start. For
lunch choose from seasonal
soups and salads, a full range
of sandwiches and freshly
cooked frittatas. Vegan &
vegetarian options are always
available.



8 Rask

Sadler Bridge Studios, Sadler
Gate, Derby DE1 3NR
01332 742626

Rask is a modern, simple,
sociable space where you can
share good food and great
coffee with friends. A Scandi
style feel good vibe is created
both in the café and in the
food offered.

9 Wonky Table

32-33 Sadler Gate,
Derby DE1 3NR
01332 295000

Serving up rustic dishes with
a contemporary twist, the
Wonky Table also hold regular
Vegetarian evenings. A great
selection of cocktails is also
available.



10. Afrikana

53-55 Queen Street,
Derby DE1 3DE

Afrikana offers a mouthwatering
combination of Afro-Caribbean
spices and Peri chicken. They
are dedicated to using only the
highest quality ingredients and
provide the best possible service.

BEAR

See page 4 for details.

Bistrot Pierre

See page 12 for details.

Dolce Salato

See page 12 for details.

Fat Cat Café Bar

See page 14 for details.

11. Feed Me Burgers

6, Royal Building, Victoria St,
Derby DE1 1ES
01332 987110

Derby's latest Burger and
Cocktail Joint! Specialising in
Smashed Burgers, loaded fries
and fun alcoholic concoctions.

12. Nandos

15 - 16 Market Place,
Derby, DE1 3AE
01332 371459

Established in 1987, Nandos
has become a firm favourite
on the high street. Choose your
spice level on their flame grilled
chicken!

13. Pizza Express

25 Iron Gate, Derby DE1 3GL
01332 349 718

Popular Italian restaurant
serving delicious, freshly made
pizza and other Italian inspired
dishes.





14. Quad

Market Place, Derby DE1 3AS
01332 290606

A lively and flexible space where you can drop in for breakfast, morning coffee, a snack at lunchtime or a pre/post-screening meal in the evening.

Revolucion De Cuba

See page 14 for details.

Revolution

See page 14 for details.

Slug And Lettuce

See page 14 for details.

15. The Distillery

3 Friar Gate, Derby DE1 1BU
01332 293899

Independent and contemporary bar and kitchen, specialising in whisky and cocktails with a tasty food menu.

The Friary

See page 14 for details.

16. The Hideout

9-11 Market Place,
Derby DE1 3QE
01332 292172

Sport bar bringing sports, gaming and a delicious street food inspired menu to Derby! With private sports viewing booths and a gaming room.

17. The Kitchen

47 Sadler Gate,
Derby DE1 3NQ
01332 608619

An independent Family run Licensed Cafe, Bistro, Pizzeria, est.2011 - serving breakfast, lunch, dinner including wood fired stone baked pizzas.

The Mixing House

See page 14 for details.

18. The Old Bell Hotel

51A Sadler Gate, Derby DE1 3NQ
01332 723090

Built in 1650, 'The Bell' is the last surviving Coaching Inn in Derby. A traditional real ale pub offering a large selection of cask ales and specialising in gin and whisky.

19. The Old Silk Mill

19 Full Street, Derby DE1 3AF
01332 349160

A traditional real ale pub with a friendly, eclectic & relaxing atmosphere. Specialising in cask ales, lagers, ciders, they also offer a full food menu.

20. The Standing Order

28-32 Iron Gate, Derby DE1 3GL
01332 207591

Family friendly Wetherspoons pub serving up an extensive food and drink menu from 7am daily.

21. The Thomas Leaper

26-27 Iron Gate, Derby DE1 3GL
01332 867850

Serving up a classic Wetherspoons menu with plenty of food and drink offers.

Turtle Bay

See page 12 for details.

22. Ye Olde Dolphin

5a Queen St, Derby DE1 3DL
01332 267711

Derby's oldest pub dating back to 1530a.d! Specialising in real ale, 'The Dolphin' also has a steak bar and serves up other delicious home cooked meals.

Feed Me Burgers



FROM PLOT TO PLATE

At PLANT, we go to great lengths to reduce the impact that we have on the planet we inhabit. One way we do this is by growing some of the produce that we serve in our food and drink.

By growing our own food, we're not only able to ensure that they're free from pesticides and other nasties that damage the environment, but they also massively reduce our carbon footprint. Instead of travelling hundreds or thousands of miles to get to us, it's a quick 10-minute car journey. This means our food tastes better, is better for our customers, and is better for the environment.

We also have a composting bin at the plot, where we send the fruit and veg scraps from the kitchen, as well as the used loose-leaf tea and coffee grounds we serve in the cafe. This breaks down and turns into nutrient-rich soil in which we grow the produce that ends up back on our customer's plates. Our food goes full-circle, and it's without a doubt the most sustainable way to operate.

As well as our own produce, we try to support local businesses where possible. We put lots of time and energy into sourcing products that have a lesser impact on the planet, and we love that it goes hand-in-hand with being able to support UK-based small businesses!

Dave Gray - PLANT



GRAB & GO

For those just wanting to grab lunch on the go, Cathedral Quarter has some great fast-food options on offer. Whether it be a quick sandwich, a hearty jacket potato or a warm sausage roll, there is something to satisfy all appetites.

1. Deli Potato

Corn Market, Derby DE1 3AE
01332 368906

Jumbo jacket potatoes with lashings of butter and a vast choice of fillings. Different meal deals available throughout the week.

Generations

See page 12 for details.

2. Greggs

40 Corn Market, Derby DE1 2DG
01332 341713

Pasties, sausage rolls, baguettes, salads, wraps, jam doughnuts, choc chip muffins and cookies - you name it, Greggs have got it.

3. Hari Hari

23 Iron Gate, Derby DE1 3GP
01332 207877

Asian inspired takeaway serving up noodles, rice and wraps.

Nids Kitchen

See page 6 for details.

4. No.7 Kitchen

7 Friar Gate, Derby DE1 1BU
01332 404337

No.7 Kitchen is a local family business, where the aim is to provide delicious, tasty, fresh home made food to take away along with excellent, friendly customer service.

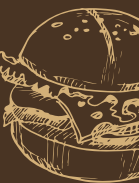
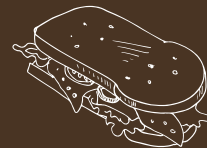
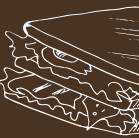
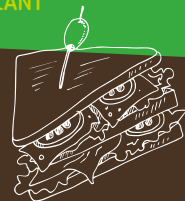
Portobello

See page 6 for details.

5. Subway

11-12 Corn Market,
Derby DE1 1QH
01332 296436

Build your own sandwiches and salad from a wide range of healthy and nutritious ingredients.



- **CAFÉ CULTURE** - Pages 4 & 5
- **ALL DAY DELIGHTS** - Pages 6 - 8
- **GRAB & GO** - Page 9
- **AFTER DUSK DINING** - Page 12 & 13
- **PUBS & BARS** - Pages 14 - 17
- **LATE NIGHT ENTERTAINMENT** - Page 18
- **TAKEAWAYS** - Page 18
- P** Parking
- T** Night taxi ranks



AFTER DUSK DINING

Enjoy an evening meal in Cathedral Quarter with a varied range of cuisines from around the globe. With award-winning restaurants in abundance, you can travel anywhere in the world without leaving the area!

WORLD FOOD TRAIL MAP

1. Bistrot Pierre

18 Friar Gate, Derby DE1 1BX
01332 370470

Offering Anglo-French dishes using carefully sourced ingredients from local and artisan French producers and suppliers.



2. Dolce Salato

32 Queen Street, Derby DE1 3DS
07428 062931

Award winning Italian bistro. By day enjoy the café & delicatessen. By night, enjoy the daily changing set price menu. Reservation only. Unlicensed – bring your own alcohol.

3. Finale Thai

11 The Strand, Derby DE1 1BE
01332 295237

Cosy restaurant serving authentic and delicious tapas style Thai dishes.



4. Generations

2 Victoria St, Derby DE1 1ES
01332 331126

Generations serve Caribbean-Western fusion street food with mouthwatering dishes such as curried mutton, oven jerk chicken, buttermilk jerk fried chicken, loaded chips and much more!

5. Lorentes

118 Friar Gate, Derby DE1 1EX
07508 706982

A little piece of Spain in the heart of Friar Gate, Lorentes offer truly authentic Spanish tapas.



6. Okra

5 Friar Gate, Derby DE1 1BU
01332 987873

Fine Indian dining with the emphasis to select ingredients for flavour, freshness and seasonality providing uncomplicated and delicious dishes.

7. Spice Lounge

10 Friar Gate, Derby DE1 1BU
01332 346145

Award winning Indian cuisine using fresh and flavourful ingredients. Look out for the early bird specials!

8. Thai Dusit

8 Bold Lane, Derby DE1 3NT
01332 372016

A modern yet classic Thai restaurant offering an extensive range of classic dishes made from the finest and freshest ingredients.

9. The European

22 Iron Gate, Derby DE1 3GP
01332 368732

Established over 30 years ago, The European's success has been its ability to provide classic cuisine with a contemporary twist.

10. Turtle Bay

1-5 Wardwick, Derby DE1 1HA
01332 344100

Turtle Bay is all about capturing the heart & soul of The Caribbean. Relax with friends, share food and conversation.

11. The Dining Room at 121

121 Friar Gate, Derby DE1 1EX
01332 613991

Independent restaurant serving up classically contemporary dishes, focusing on the best of local and regional British produce.

12. The Forge

Old Blacksmiths Yard, Derby DE1 3PD
01332 987030

The Forge serves steaks and seafood cooked to your liking on a black rock lava stone. You can also enjoy a huge selection of gins, cocktails and craft ales.



AN AWARD-WINNING TASTE OF ITALY

Dolce Salato

Dolce Salato are an award winning Italian bistro. By day, Dolce Salato open as a café & delicatessen with a fantastic selection of imported Italian products. In the evening they transform into a cosy, reservation-only bistro with a pianist at weekends to provide a delightful ambience.

Their delicious, daily changing set price evening menu has earned them the TripAdvisor Best Travellers Choice award for 2 years running and the accolade of being in the TripAdvisor Top 10% of restaurants Worldwide. The unlicensed restaurant also allows you to bring your own alcohol with corkage being free of charge. Soft drinks and water are available to purchase from the deli counter.

A TASTE OF THAILAND

Finale Thai

Recreate Finale Thai's Gluay Bad Chee recipe at home!

Ingredients:

- Two or three bananas
- Coconut milk
- White sugar and salt

Method

1. Heat the saucepan on low. Pour the coconut milk in so it fills less than half of the pan.
2. While the coconut milk starts to bubble, slowly put sugar in the pan starting with 1 1/2 tablespoons followed by a pinch of salt
3. Stir to make sure the sugar and salt combine with coconut milk. Taste it and if you want more sweetness then add more sugar.
4. Slice your banana into inch thick chunks, put in the saucepan and bring to the boil.
5. Boil for about 1 minute and 15 seconds.



PUBS & BARS

Whatever your tipples, Cathedral Quarter has it all. Real ale and craft beer enthusiasts will not be disappointed and there are also many specialist bars for lovers of gin, prosecco and cocktails.

CQ COCKTAIL TRAIL

Take a trip around Cathedral Quarter and sip some of the best handcrafted cocktails you will ever taste!

1. Bar 56

5-6 The Strand, Derby DE1 1BQ
Premium bar serving cocktails, craft beers and much more.

2. Bar Social & ROFL Comedy club

4 Victoria St, Derby DE1 1EQ
bar-social.com

Bar Social is a smart yet casual New York loft style venue to eat and drink, work and hang out. Upstairs houses a ROFL comedy club bringing you some of the best comedians from around the World.

3. Blacksmiths Lounge

19-20 Sadler Gate, Derby DE1 3NH
01332 368822

Popular bar serving great wines, creative cocktails, unique spirits and quality beers.

4. Bunk

8 Sadler Gate, Derby DE1 3NF
01332 347043

Serving cocktails, chicken wings and hot dogs, Bunk also offers a £5.50 cocktail menu during Happy Hour until 10pm!

5. The Orange Tree

5 George Street, Derby DE1 1EH
01332 343250

A hidden gem, The Orange Tree is the place for handcrafted cocktails, after work drinks and craft beers. They also offer small venue private hire.

6. Fat Cat Café Bar

9 Friar Gate, Derby DE1 1BU
01332 347444

Spread over two floors, this modern bar is renowned for its selection of quality cocktails, home cooked food and it's popular sun trapped beer garden.

7. Revolucion De Cuba

9 Wardwick, Derby DE1 1BJ
01332 896196

Rum & cocktail bar and restaurant with a Cuban flavour. A great place to eat, drink and dance in the city. Happy Hour Mon-Fri 3-7.

8. Revolution

1-3 The Strand, Derby DE1 1BJ
01332 206970

Seasonal menus accompanied by an extensive range of beers, ciders and wines. Try out the extensive cocktail and handcrafted shots menu too!

10. The Friary

Friary Hotel, Friar Gate, Derby DE1 1FG
01332 253711

A firm favourite amongst students, offering a vast range of drinks offers and home cooked food. Also boasts a large beer garden and a gaming room.

11. The Mixing House

19-20 Friar Gate, Derby DE1 1BX
01332 854442

Specialising in cocktail and tapas, this popular venue has a delightful rooftop terrace for those warm summer nights.

12. Bar Eleven

110 Friar Gate, Derby DE1 1EX
Over 21's cocktail bar, open every Friday & Saturday.

13. Gaslight

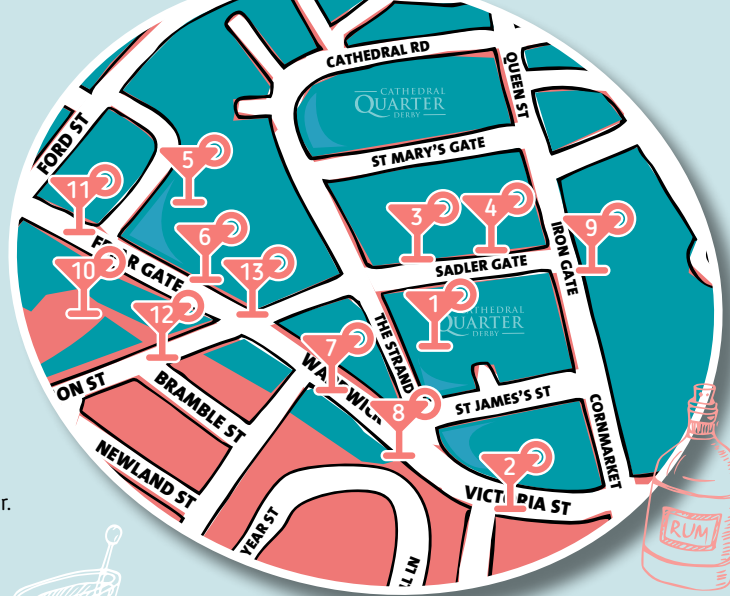
6 Friar Gate, Derby DE1 1BU
01332 477700

Cocktail bar in a sumptuous setting. Open Thursdays - Sundays.

9. Slug And Lettuce

11 Iron Gate, Derby DE1 3GA
01332 341946

Contemporary bar with an extensive 2 for 1 cocktail menu. Large food menu available from 10am daily and a vast range of beers, lagers, wines and more.



14. Bess of Hardwick

23 Wardwick, Derby DE1 1HA
Traditional pub with a large garden and big screen.

15. Bishop Blaise

114 Friar Gate, Derby DE1 1EX
01332 297065

Laid back pub serving a large selection of beers, ales, wines and spirits. Small, pleasant beer garden area and a great soundtrack of modern and indie music.

16. Blessington Carriage

11-17 Chapel St, Derby DE1 3GU
01332 365988

The bar affectionately known as 'The Bless' is a firm favourite on the student scene. Famed for its Indie club nights at the weekend, you can also find quizzes, comedy shows, and a great range of pizzas, subs, and nachos.

17. Derby Sports Bar & Grill

1 Queen St, Derby DE1 3DJ
01332 341718

30 HD TV's. 3 Sky Boxes. 2 Big Screens! 14 International Beers, American-style food and all the sports games you could ever want to watch!

18. Isabelles

Market Place, Derby DE1 3AE
60's themed bar specialising in wine and gin with drinks offers in abundance.

19. Jacobean House Piano Bar

35, The Wardwick, Derby DE1 1HA
Traditional Pub thought to be Derby's oldest brick building and reputedly Derby's most haunted!





20. Jorrocks

41 Iron Gate, Derby DE1 3GA
01332 346852

One of Derby's oldest coaching inns and also one of the most haunted pubs! Serving real ale, lager, spirits and more.

21. Metro Bar

5 Albert St, Derby DE1 2DS
01332 297533

Popular Bar playing music from the 70s-00s and classic Motown and Northern Soul.

22. Prosecco Bars

15a Friar Gate, Derby DE1 1BU
07478 262869

A sumptuous setting for Derby's only bar specialising in Prosecco. Prosecco Bars also offers fine wines, Italian beers and pizza.

23. Seymours

4 Cheapside, Derby DE1 1BR
01332 299188

Small, popular bar, famed for its jukebox filled with Indie music and its attractive heated courtyard area.

24. Stein Strasse

23 Wardwick, Derby DE1 1HA
01332 342609

Stein Strasse offers a wide range of beers served in BIG steins alongside wines, cocktails and spirits.

25. Suds and Soda

119 Friar Gate, Derby DE1 1EX
07487 709227

Specialising in craft beer, Suds and Soda stock beers from all over the world and also hold regular tasting events.

26. The Flowerpot

23-25 King St, Derby DE1 3DZ
01332 204955

Specialising in real ales, The Flowerpot is also renowned for its live music venue. Ghurka curry nights are held every Tuesday & Wednesday 6-9pm.

27. The Worm Has Turned

37-38 Queen St, Derby DE1 3DS
Specialising in coffee and a wide variety of world beers alongside traditional English beers, The Worm Has Turned is a popular place to visit both day and night.

28. Tiger Bar

4 Lock Up Yard, Cornmarket, Derby DE1 1QH
01332 362936

A traditional old coaching inn. Sitting above the ghostly old prison tunnel system of Derby, the Tiger Bar also offer home cooked food daily between 11am-2.30pm.

29. Vines Bar

51a Sadler Gate, Derby DE1 3NQ
01332 367567

A music lovers paradise, Vines brings you the best in live music, DJ's and a packed jukebox. Serving a great selection of cocktails, draughts and spirits.



POD BREW GUIDE: NESPRESSO MARTINI

Already musing those martinis on a Monday evening? We've been there. Impress your mates and create your own Espresso Martinis from the comfort of your own kitchen! Simply follow this step-by-step guide and you'll be slinging martinis like a pro in no time.

YOU WILL NEED

- BEAR coffee pods
- A Nespresso compatible pod machine
- A glass
- A cocktail shaker
- Strainer and fine strainer
- 40ml Coffee liqueur (we use Mr Black Cold Brew liqueur)
- 20ml Vodka (we use Absolut Original)
- 15ml Sugar syrup (equal parts hot water to sugar, stir until dissolved)
- Ice cubes
- Optional: Coffee beans to garnish

HOW TO MAKE

1. Firstly choose your favourite BEAR coffee pod.
2. Pop a pod into your machine and extract your shot. Use two pods if you fancy super punchy flavours and an extra pick-me-up.
3. Add your coffee liqueur, vodka, and sugar syrup into your shaker. Once extracted, pour in your shot(s) too.
4. Add cubed ice to your shaker. Be careful to not overfill with ice as this will cause your shaker to pop open! 4-5 standard sized cubes should suffice.
5. Seal your shaker, find your rhythm and get shaking! Around 15-20 seconds at a good pace should be enough!
6. Unseal your shaker and strain immediately into your glass.
7. Garnish your creation with three coffee beans in a centred triangle. Or get drinking straight away.

Side note: We recommend adding 15ml of sugar syrup to your martini to create an even balance of flavours. Feel free to add more or less syrup to cater to your personal taste!

BEAR

WHY I LOVE THE CATHEDRAL QUARTER

by local blogger
Your Constant Cravings

The Cathedral Quarter is the perfect place to explore the independent coffee shops and local businesses in Derby. With a wide range of cafes and restaurants you can find something which everyone will enjoy.

Check out **BEAR** for their delicious coffee and brunch menu (the shakshuka is a personal fave!), it is also a great space for anyone who needs a new 'Working from Home' spot! For a delicious lunchtime treat, pop into **Portobello** for their homemade salads, sandwiches and super tasty sausage rolls! You could enjoy a full vegan menu at **PLANT**, shop the deli and enjoy tasty treats at **Milk and Honey** before grabbing a slice of cake from **The Kitchen**.

For an evening treat, try the local gin bars **Blacksmiths Lounge** and **Bar 56** followed by an al-fresco dining experience in Derby Market Place where you can order food from the surrounding, local restaurants and enjoy the hustle and bustle of Derby!

Derby's Cathedral Quarter really is the perfect place to explore during a lunchtime stroll, a weekend catch up with family and friends or an evening date night. As a local foodie, it is definitely one of my favourite spots to explore!

Follow @YourConstantCravings on Instagram!

YOUR CONSTANT
Cravings

LATE NIGHT ENTERTAINMENT

As the bars close but the party needs to continue, Cathedral Quarter has the place for you. Whatever your taste in music you can be sure to have a great night at any of these nightclubs.

1. Baby Platinum

10 Victoria St, Derby DE1 1EQ
Late night, adult only entertainment.

Bar Eleven

See page 14 for details.

2. Blue Note Club

14a Sadler Gate, Derby DE1 3NF
01332 295155

A night club for over 30 years, Blue Note's DJ's play a vast array of musical genres. Great drinks offers and an awesome atmosphere.

3. Eden Club

6a Sadler Gate, Derby DE1 3NF
Late night, adult only entertainment.

4. Fever

7-11 Wardwick, Derby DE1 1HA
01332 224227

Night club comprising of 3 rooms with choices of pop music, club anthems and urban vibes. Booths available to reserve alongside VIP drinks packages.

Gaslight

See page 14 for details.

5. Living Lounge

27 Wardwick, Derby DE1 1HA
R&B and Funky house bar and nightclub offering premium drinks, V.I.P packages and complimentary venue hire.

6. Moo Moo Clubrooms

5 St James St, Derby DE1 1QT
01332 346020

Nightclub comprising of 3 rooms with 3 music choices. Booths available to reserve alongside VIP drinks packages.

7. Mosh

110a Friar Gate, Derby DE1 1EX
01332 292340

Alternative night club hosting three nights of indie, rock and pop music. Cheap drink offers. Open Fridays, Saturdays and Mondays.

8. Popworld

Friary Hotel, Friar Gate, Derby DE1 1FG
01332 253711

Night club within the Friary pub specialising in Nineties and Noughties music. Plenty of drinks offers and regular student nights.

TAKEAWAYS

After a great night with friends enjoy a takeaway before the safe journey home. Whether you like a fully loaded kebab or a tasty pizza, Cathedral Quarter has something for everyone.

1. City Pizzas and Kebabs

71 Wardwick, Derby DE1 1HJ
Late night kebab house serving a variety of kebabs, burgers, fish & chips and pizzas.

2. Derby Grill

14 Friar Gate, Derby DE1 2EP
Long established takeaway serving kebabs, pizza, burgers, chicken and more.

3. Victoria Fish Bar

41 Wardwick, Derby DE1 1HJ
01332 205505
Serving traditional fish and chips alongside a variety of burgers, kebabs, wraps and more.

4. Wow Pizza

4B Cheapside, Derby DE1 1BR
01332 444555
Takeaway specialising in freshly prepared pizzas. The vast menu also includes kebabs, wraps, burgers, nachos and loaded fries.



MILK & HONEY DELI BY RIA AMBER TESIA

Milk & Honey is an artisan deli and café on Sadler Gate. They have been open for six years, and their specialty is the deli counter which has over 50 varieties of cheese, accompanied with the finest charcuterie, olives and antipasti.

Alongside the busy shop and café they cater for weddings, special celebratory events and other gatherings providing cheese wedding cakes and the more popular 'Grazeboards'.

It is always popular regardless of season, and this is in part, down to Milk & Honey's ethos of providing stellar service to every single person, every single time.

Milk & Honey believe sharing is caring, which is why they are always keen to share top tips about cheese on their popular Facebook page. One of their most recent posts offers tips on which cheese to use if creating a fondue. See below for owner Sarah's amazing recipe!

The past two years has seen the deli extend their offering by way of quirky gifts and a homeware section. They have also started taking orders for Christmas hampers and following last year's success the best-selling 'Christmas Eve Grazeboard' is back too.

Ria Amber Tesia is a food critic and writer based in Derby. www.riaambertesia.com



SARAH'S FONDUE RECIPE

My inspiration for Fondue comes from the home of melted cheese – Switzerland! I fell in love with this beautiful country when I worked there during my younger years. My passion has continued, I visit Montreaux every December where I spend 3 days eating my way through mountains of cheese, breads and charcuterie – the highlight every year is visiting the village of Gruyere and indulging in a traditional fondue with a panoramic view of the snow-capped mountains!

400g grated Gruyere
150g reblochon (rind removed)
150g Emmental Grated nutmeg
350ml dry white wine
4 tsp cornflour
2 tbsp Kirsch
2 garlic cloves



1. Slice one garlic clove in half and rub the inside of the pan or fondue pot, grate the other clove and leave in the pan.
2. On a low heat melt together the cheeses and cornflour – at this melting point (don't let it boil) add the wine slowly and the grated nutmeg.
3. This should now be smelling tremendous but right at the end add the Kirsch for that true Swiss element!
4. Serve with crusty bread (sourdough is the best as it is firm enough to hold the cheese!) Bresaola, salamis and little cornichons!



TOO GOOD TOO GO



Cathedral Quarter BID recently joined the Too Good To Go food waste movement and is working with businesses towards a more sustainable planet.

You can find some of our hospitality businesses on the Too Good To Go app – a social impact partner rescuing surplus, unsold food. This is an opportunity for you to enjoy delicious meals at low cost while taking tangible steps to help the environment.



Download the app
and save a meal!



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CQ LOYALTY CARD

Readers of the Food and Drink Guide can purchase a CQ Loyalty Card for half price – that's just £2.50! When purchasing the card, use the code CQFOOD at the checkout to claim this special discount.

This is a one-off payment and the card is valid until the end of February 2023.

People working in the Cathedral Quarter can apply for the CQ I work card FREE of charge – helping businesses to support each other.

To apply for your card visit:

www.derbycathedralquarter.co.uk/loyalty-offers



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